



# Health and Wellbeing

## Parents Information



At Arundel Court we are committed to supporting each child's Health and Medical needs. We understand how important it is to provide a welcoming and supportive environment. We will help to ensure pupils can be healthy, stay safe, enjoy and achieve. The school aims to include all pupils with medical conditions in all activities. This upholds our value of 'inclusion' and 'safety'



All our staff are First Aid trained and work closely with our School nurse Anita Barrand, who runs regular 'Drop in' sessions to enable parents/carers to come into school to discuss any concerns they may have with their children.

It is the parents/carers responsibility to inform and to keep the school updated about their child's medical conditions and needs. We ask that you provide any relevant information about your child's health. This should be provided on admission to school or when a medical need is identified or changes.

Some children may have more complex medical needs and may require a Care Plan. This is used to record important details about a child's medical needs at school, their triggers signs and symptoms, medication and other treatment. This will be written with parents, school nurse and our medical expert Ms Teresa Campbell.



Most children will at some point have short term medical needs, this may include finishing a course of medicine. Where possible we ask that parents give medication to their children (many medicines can be taken before school, after and at bedtime). We recognise that there will be occasions where children may need to take their medicine in school and in these cases we ask that parents meet with Ms Teresa Campbell or the Head Teacher to discuss this. (Please see our Medicines Policy for more detail this can be found on our schools Website [www.arundelcourt.com/policies](http://www.arundelcourt.com/policies) or you can obtain a copy from the school if required).

### **Asthma and Allergies**



The School recognises that asthma is a widespread, serious but controllable condition affecting many pupils at School. Arundel Court School positively welcomes all pupils with asthma. The School encourages pupils with asthma to participate fully in school life. We always try to make sure that the school environment is favourable to asthmatics and ensures that all staff understand asthma and what to do in the event of a child having an asthma attack. When a child joins the School parents/carers are asked to inform us if their child has asthma. It is also important that the School is informed if a child subsequently develops asthma.

- Parents/carers are asked to ensure that the school is provided with a labelled reliever inhaler and Volumatic spacer. All inhalers must be labelled with the child's name by the parent/carer.
- Pupils with asthma are encouraged to carry their reliever inhaler as soon as the parent/carer, doctor or asthma nurse and class teacher agree they are mature enough. The reliever inhalers of younger children are kept in the classroom in asthma boxes
- For more information please see our Asthma Policy which can be found on our schools website [www.arundelcourt.com/policies](http://www.arundelcourt.com/policies) or you can obtain a copy from the school if required

### **Head Lice**



Head lice are easily treatable and very common amongst young school children. We ask that you regularly check your child's hair and/ or treat your child to prevent further spreading. Parents will be informed if an outbreak occurs in class and a 'Nit Alert' letter will go home to all parents/carers. In extreme cases, or if a child is severely distressed and distracted from learning the School will phone parents/carers and ask that they collect their child. Please come in and talk to a member of staff if you need advice or alternatively advice can be found online at [Nhs.uk/conditions/headlice](http://Nhs.uk/conditions/headlice).

### **Infectious Illnesses**

Just coming into contact with another child can pass on some infections, therefore for everyone's protection, we ask that if your child has Diarrhoea and/ or vomiting they be kept of school and not return to school until 48 hours after the last episode of Diarrhoea or Vomiting.

For advice on whether your child on whether is well enough to attend school please see the enclosed Leaflet **Should my child go to School today?**

### **USEFUL WEBSITES**

[www.headlice.co.uk](http://www.headlice.co.uk)

[www.asthma.org.uk](http://www.asthma.org.uk)

[www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)